

*Ministry of Higher Education and Scientific Research  
Diyala University  
Basic Education College*



***The Impact of a Behavioral Cognitive  
Counseling Program In the Development of  
Positive Social Identity of the Intermediate  
School Students In Diyala Province***

**Thesis submitted to the council of the college of  
Basic Education – University of Diyala in  
Requirements for the Degree of Arts psychological  
counseling and Educational Guidance**

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**2014A.D.**

**1435 A.H.**

## Abstract

The research aims at knowing the impact of a behavioral cognitive counseling in the development of positive social identity of the intermediate school students in Diyala Province . The aims of the research are achieved by testing the zero hypothesis :

1. There are no significant statistical differences at the level (0.50) the scores of the controlling group in the pre and post tests on the positive school identity scale .
2. There are no significant statistical differences at the level (0.05) in the scores of the experimental group before and after implementation of the program .
3. There are no significant statistical differences at the level (0.05) between the scores of the experimental group and the controlling group in post test .

The researcher adopted the experimental method . He also used Experimental design (with the pre test post test ) . The sample of The research was selected deliberately from students who got lower grades than the supposed average of the social identity scale (31) degrees . They were (20) students divided into two groups : the experimental (10) students and the controlling group (10) Students .

The tools of the research included building the social identity scale . The goals , constancy , and the psychometric properties of the research were verified . They also included constructing a Counseling program in accordance with the behavioral cognitive Theory of the realistic style (Glaser) . The number of sessions was (14) , (2) sessions a weeks . The program was implemented in a period of seven weeks , and the duration of each session was (45) minutes .The program evaluation procedures were also identified to show its effectiveness in achieving its objectives .

The statistical methods used in the research the (chi- square , and T.test, T.test for tow independent samples , the , weighted average and the percentage weight .

The results of the statistical analysis show positive changes for students who have a low level of social identity of the participants

in the counseling program , in a realistic manner) during the time between the per and post tests , statistically significant , in favour of the participants in the program . The experimental group surpassed the controlling group that did not participate in the program .

In the light of the results of research , the researcher concluded a set of recommendations and suggestions :

### **Recommendations**

1. The educational counselors of the intermediate schools got benefit from the counseling program prepared by the for the development to social identity .
2. It is important for the counseling centers and state institutions related to psychological counseling centers in the department of education to make use of the counseling program of the research.

### **Suggestions**

1. To conduct a study for the development of social identity using other methods , such as : guidance (rational emotive style ).
2. To conduct a study similar to the current study for the second grade students , making a comparison between them and the current study.